

# Peter's Weight Loss Story

31 Pounds . . . and . . . 7 full inches - ALL off my Waist !



## BEFORE

Weight: 205 lbs.  
Waist: 44"



## AFTER - One Cleanse Cycle

Weight: 190 lbs. (15 lbs.)  
Waist: 42" (2" Loss)



## AFTER - Two Cleanse Cycles

Weight: 174 lbs. (31 lbs.)  
Waist: 37" (7" Loss)

At 67 years of age, I suddenly (more or less suddenly) discovered that my weight had gradually increased - and my body was getting **"out of control"** !

However, the thought of "dieting" was not very appealing, although I knew something had to go.

So - when I heard about the 9-Day Program - I thought that I could tolerate 9 days of suffering for this good cause. I was delighted to discover that this amazing 4-Product "Cleansing" and Fat-Burning System was unbelievably healthy (242 nutrients) . . . and it came with a reassuring commitment to success . . . a weight loss of 5 - 15 pounds **QUICKLY** and **SAFELY** . . . **A Promise You Can Count On** ! And No Ma Huang ! No Ephedra ! No Caffeine !

And - even though I am skeptical by nature - and an Engineer by profession - I recognized that if this Product really DID work like they said it did, it could help me . . . and thousands of other people . . .

To my pleasant surprise - there was no suffering ! Instead, the Cleanse For Life Drink - as well as the Shakes and Snacks tasted great AND . . . I felt energized, not hungry, not nervous or jittery, and not sleepy at all. In fact, I felt great . . . very alert, sharp and light-footed.

Then the Real Thrill came - when I measured and weighed myself - 31 pounds and 7 inches off my waist. Imagine the excitement I felt when my tuxedo - made to measure 20 years ago - is once again a perfect fit !

It's at this point I became so encouraged that I now want to share "MY Story" with EVERYONE . . .

By the way - now that I have achieved my ideal weight - I continue to enjoy 2 ounces of the highly nutritious Berry Cleanse For Life Drink every morning as a wonderful Vitamin and Mineral Supplement . . . and I also enjoy 2 oz. a day of Ionix Supreme Rejuvenator.

And I substitute approximately 10 meals per week (mostly breakfast and / or lunch) with the delicious Isa-Lean Shake . . . as my Long-Term Weight Control Program. My spirits are high and I feel just wonderful.

*Peter Oelmann*

**Peter . . . 10 years later**



**Now 77 . . . Feels like 57  
Still Clean and Lean !**

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Always consult your physician before making any dietary changes or starting any nutrition, weight loss or exercise program. The weight loss testimonials presented apply only to the individuals depicted, cannot be guaranteed, and should not be considered typical. A 2008 university study showed a statistically significant weight loss of 7 lbs during the first 9 days on the Cleansing and Fat Burning System. Earning levels for Isagenix® Independent Associates that appear in this publication should not be construed as representative of fixed or typical income earned with an Isagenix® business. They are not intended to represent that other Associates will eventually achieve the same level of income. Income level achievements are dependent upon the individual Associate's business skills, personal ambition, time, commitment, activity and demographic factors.

# JUST IMAGINE

## LOSING UP TO 5 - 15 POUNDS . . . SAFELY AND QUICKLY

*and Help Build Lean Muscle at the Same Time !*

### PROGRAM BENEFITS:

- Helps your body to Cleanse itself of impurities\*
- Helps build lean muscle
- Replenishes the body with high quality nutrients
- Creates an environment for wellness
- **FAST**, safe, weight loss
- Increases energy and vitality
- Promotes beautiful skin, hair, and nails
- Endorsed by Medical Doctors
- Easy to follow program



Enjoy "Brain-Healthy"\*  
and "Heart-Healthy"\*  
Chocolate Treats on  
Your Cleanse Days . . .  
and Everyday !



**Safe, FAST  
Results**

*If your weight is a challenge ~  
ISAGENIX is your answer.*

**Change Your Life  
TODAY !**



**Cleansing & Fat-Burning System**

**Contact**

See Amazing Cleansing Results !  
[www.WeightLossHallOfFame.net](http://www.WeightLossHallOfFame.net)

### 9-DAY PROGRAM DETAILS:

Days 1 – 2

- **Cleanse For Life Drink** consisting of Aloe Vera juice, Ionic Alfalfa, herbal tea extracts, and other botanicals that feed the system ~ not starve it.
- **Natural Accelerator Capsules** that are Ephedra-free, Ma Huang-free . . . yet complete with ingredients that facilitate RAPID Fat Loss and promote Energy.
- **Isagenix Snacks** that help balance your blood sugar\* through a perfect blend of protein, essential fats, and complex carbohydrates.

Days 3 – 7

- **IsaLean Shakes** containing a unique, whey protein blend with amino acids, vitamins and minerals. Promotes muscle density and helps suppress appetite.
- **Isagenix Snacks** (see Days 1 – 2)
- **Natural Accelerator Capsules** (see Days 1 – 2)
- **1 Regular Healthy Meal** (400 – 600 calories)

Days 8 – 9

- Same as Days 1 - 2

### 9-DAY SUPREME FLUSH:

*(9-Day Program + Ionix + IsaFlush)*

Pre-Cleanse (2 Days)

- **IsaLean Shakes**
- **Ionix Supreme** benefits include better rest and deeper sleep, anti-stress rejuvenator, and body-balancer . . .
- **IsaFlush** helps regulate bowels naturally. Not a laxative, non-addictive.



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